

## **Cumberland County Pennsylvania free food pantries.**

People who need help in Carlisle and Cumberland County Pennsylvania have a number of food pantries and other organizations that they can turn to for assistance. Resources are offered for those who need help, including free or low cost groceries, emergency food boxes, meals, soup kitchens, and other assistance like clothing. Some locations may even be able to administer financial help for basic needs, such as rent, energy bills, or other expenses.

If you are trying to provide food for your family, do not wait before asking for help. The longer you wait until you ask, the fewer options you will have and the more difficult it will be to provide you with assistance. As not only can these pantries provide support in an emergency, many can help you apply for other programs such as government or public assistance programs, SNAP food stamps, and much more. That process can take time, so contact a Cumberland County Pennsylvania non-profit early in the process.

### **Big Spring Area Food Bank operates out of the Newville Fire Hall**

Newville, Pennsylvania 17241

Phone number (717) 776-5623

Food and other aid is distributed only on the last Monday of each month. Local community members may qualify for support in their time of need.

### **Christ Among Neighbors (C.A.N.)**

34 East Orange Street, P.O. Box 401

Shippensburg, Pennsylvania 17257

Phone number is (717) 386-9204

For families with no other options, this non-profit can serve as a last resort. In a crisis, CAN provides assistance such as free food, utilities help, clothing, lodging, shelter, and more. A great place for referrals and information on community resources. Serves residents of Shippensburg School District and parts of Walnut Bottom (zip codes 17266/7257). Need a referral from Rent Assistance Workers at Carlisle Salvation Army, Shippensburg Community Action Center, or King's Kettle.

### **Christian Life Assembly Food Bank**

Food pantry address is 2645 Lisburn Road (At Church)

Camp Hill, PA 17011

Call (717) 737-6560

The charity also has free Christmas or Thanksgiving meals, small gifts for kids, and winter attire from a clothing closet.

### **New Hope Ministries - Mechanicsburg Center**

5228 E. Trindle Road

Mechanicburg, PA 17050

Call (717) 766-7333

Emergency referral and food.

### **Cumberland County Assistance Office**

33 Westminister Drive

Carlisle, PA 17013

1-800-269-0173

Apply for Food stamps, WIC, or other aid. This is the main source of public aid in Cumberland County.

Whether welfare or other benefits are needed, families in poverty can apply. More on [Pennsylvania public assistance programs](#).

**The King's Kettle Food Bank**

30 North Fayette Street

Shippensburg, Pennsylvania 17257

Telephone number - (717) 530-9200

Referrals are given. The food bank also has paper goods, hygiene supplies, diapers for new moms, and other canned groceries.

**Mt. Holly Springs Food Bank**

14 Fairfield Street

Mt. Holly Springs, PA 17065

Phone number - (717) 486-4818

Distributes food and meals to the needy, with the possibility of some holiday help.

**Mt. Holly United Methodist Church Food Bank**

202 West Butler Street

Mt. Holly Springs, PA 17065

Call (717) 528-7028

Services offered by this church food bank include clothing, detergent, paper supplies and food assistance

**Neighbors in Christ** is run at First Presbyterian Church

111 Big Spring Avenue

Newville, PA 17241

Big Springs School District area can receive shelter, help with bills/rent, food, meals, and clothing. All assistance is for an emergency.

**Newville Area Community Center**

Location is 2 Chestnut Street, 2nd Floor

Newville, PA 17241

(717) 776-4876

Case management, social services, low income programs, community outreach, food and other programs are administered.

**Oasis of Love**

303 South Washington Street

Shippensburg, Pennsylvania 17257

Phone: 717-532-5112

Emergency food boxes are offered year round in Cumberland County. There is also baked goods, bread, coffee or drinks for the homeless, and Thanksgiving meals.

**River of God Church**

Food pantry address is 747 Wertzville Road

Enola, PA 17025

**Shippensburg Produce and Outreach**

130 South Penn Street

Shippensburg, Pennsylvania 17257

Phone: 717-477-9100

Fruits, vegetables, gardening supplies, and other free food programs are run by the non-profit.

**Pregnancy Ministries**

124 West King Street, Unit 1  
Shippensburg, Pennsylvania 17257  
(717) 532-4446

Call for services such as free pregnancy tests, food, furniture, free diapers, baby formula, and work or school clothes. They help low income single moms and teens in Cumberland County.

**Pregnancy Resource Center of Carlisle**

Address is 300 South Hanover Street  
Carlisle, PA 17013  
(717) 241-5510

Also offer diapers, baby formula, clothing and furniture, as well as other resources for pregnant moms.

**Project S.H.A.R.E.**

5 North Orange Street  
Carlisle, Pennsylvania 17013  
Phone number - (717) 249-7773

Distributes food boxes, which contain up to one week of groceries, on the third Thursday and Saturday mornings of each month. Infant services are provided from WIC representative or volunteers, such as nurses. Referrals, food preparation classes, and a number of other services are provided too.

**The Salvation Army, Social Services Center**

Address is 24 East Pomfret Street  
Carlisle, Pennsylvania 17013  
Phone number is (717) 249-1411

Helps with food and other support is available from the pantry and soup kitchen. Low income families can sign-up for the Christmas holiday food baskets program too. Daily meals, and senior programs (including Meals on Wheels) are also run on site.

**Government WIC program** is administered from 437 East North Street

Carlisle, Pennsylvania 17013  
Telephone number is 1-800-882-8812

Provides food vouchers/nutrition education to pregnant women and low income children.